



UTHO NGATHI DISABILITY PROJECTS PROFILE

The vision of Utho Ngathi

“You are something because of me and I am something because of you”
is to unleash the potential of a million people with disabilities in Southern Africa.

To realise this vision, the “*A Road to Changes*” programme of Utho Ngathi has the following key objectives:

- Comprehensive Research to develop optimum programmes;
- Increased community awareness of the needs, challenges and opportunities of persons with disabilities and the importance of their inclusion;
- Facilitation of the involvement of family and community members to improve the livelihoods of persons with disabilities;
- Establish partnerships to develop community based rehabilitation programmes;
- Creating a support base for persons with disabilities and their families with sponsorships from individual and corporate supporters and donors;
- Establish professional partnerships, both country specific and throughout the Southern African region, to optimise and enhance all efforts and
- Innovative sustainable developments to ensure economic livelihoods for persons with disabilities and their families.

OUR SIX INTERRELATED PROJECTS

Our 6 Projects are the cornerstones of the “A Road to Changes” programme.



❖ Research

There is a need to conduct comprehensive research on Persons with Disabilities and their Families in all of Southern Africa. Current statistics are often lacking information on perception issues, expectations for development, and knowledge of services and the accessibility of specific services for persons with disabilities. Such information will enable our Team and Partners to develop programs for each area, country and region.



❖ Awareness Campaigns

We create Awareness among Family Members and Communities of the potential which Persons with Disabilities have. We put necessary support in place and establish links with institutions that can assist.

❖ Home Based Care and Training

During regular visits, family and community members are helped to understand disability and how to provide the support that can make a difference to persons with disabilities and inclusion a reality. Our team stays in touch with these households to continually assess progress and give ongoing support.



❖ Community Based Rehabilitation

We provide individualised therapy and assessments, educational training, life skills and training in disability management. Family members and community volunteers are encouraged and supported to establish community based rehabilitation projects and committees to tackle issues around disability and the inclusion of persons with disabilities in all community activities.



❖ Inclusion

Utho Ngathi staff members, volunteers and all its activities are driven to improve the lives of persons with disabilities. We designed our programs to make the inclusion of persons with disabilities a reality for their lives. A boarding facility was built for the inclusion of children with disabilities into mainstream education in a rural village in the Southern Province of Zambia. Our facility gives 12 children a safe and accessible home with access to therapy, an inclusive garden project and education at Simunzele Basic School.



❖ Sustainable Economic Development

The ultimate goal is to integrate persons with disabilities into society's activities mainstream activities. Education, skills development and viable employment for persons with disabilities are key targets. To this end, business developments in areas of wheel chair repair, agriculture, crafts, and sewing is being undertaken. These projects are accessible, and provide economic upliftment for, not only the person with the disabilities, but also their family.



MAIN OUTPUTS

The main outputs of "A Road to Changes" programme are:

- Determining the actual numbers, needs, perceptions, expectations, accessibility, and services for persons with disabilities throughout southern Africa;
- Development of comprehensive, contextualised programmes for each area, country and region in SADC;
- Reaching an increasing number of persons with disabilities each year with a more comprehensive package of support activities;
- Extending our reach to increasing numbers of persons from the broader communities that we work in, creating awareness and facilitating their involvement in providing support, inclusive activities and care to persons with disabilities;
- Documenting the improvement in the lives of the persons with disabilities with whom Utho Ngathi has had contact;
- The sponsoring of as many persons with disabilities as possible, which will depend on the number of individual and corporate donors who are willing to sponsor;
- Fundraising ventures in Germany and in the Southern African region to develop a better understanding of disability, the needs and opportunity of persons with disabilities and to create awareness about the diversity of culture, life circumstances and development in different countries;

- The establishment of key partnership arrangements with other organisations, government agencies and the private sector throughout SADC, where best practices are shared and global plans developed; and
- Economic growth through the implementation of innovative business ventures in every region designed for persons with disabilities, and benefiting not only them, but their families and communities.

OUR MILESTONES

A few of the specific achievements by Utho Ngathi Disability Projects to date include:

- Home Based Care visits to the homes of 800 persons with disabilities – 400 in South Africa and 400 in Zambia and provided training in disability management and encouraged inclusive mindsets within the families and communities;
- Launching of awareness campaigns through out South Africa and Zambia to provide information on persons with disabilities and facilitate the involvement of communities and various agencies in the development of the skills of persons with disabilities;
- Provided assistive devices, i.e. wheelchairs, walking aids, spectacles, etc., to more than 1000 persons with disabilities;
- Established and arranged for the on-going activity by community members at three “Day Care Centres” in the OR Tambo District Municipality in the Eastern Cape Province of South Africa;
- Established a boarding facility in the rural Southern Province of Zambia for the inclusion of children with disabilities into mainstream education;
- Continuous assessments of the needs of persons with disabilities during home visits and awareness campaigns and referred them for the necessary follow-up to various agencies and organisations and
- Established inclusive farming projects in South Africa in Soweto, Gauteng Province, Macubeni and Mpeko, Eastern Cape Province in the Southern Province of Zambia

ORGANISATION BACKGROUND

❖ Governance

Utho Ngathi is a registered Section 21 and 18A NGO/ NPO in South Africa, as well as being fully registered in Zambia and Germany, operating in historically disadvantaged communities in Southern Africa. Our Organisation is tax exempted by the South African Revenue Services, as well as by the relevant authorities in Zambia and Germany. Utho Ngathi implements the guidelines on corporate governance as set out in the World Association of Non-governmental Organisations “*Code of Ethics and Conduct for NGOs*” document. At the operational level the Organisation has prepared the necessary constitution and other legal documents to reflect these guidelines.

❖ Core values

The organisation adopted the following core values:

- Honest and open relationships with others;
- Regard for the circumstances and concerns of persons with disabilities in the way staff and volunteers relate with them, their families and communities; and
- Transparency by providing timely, accessible and accurate information on the organisation.

Utho Ngathi also believes that trust within the organisation as well as between Utho Ngathi and partner organisations, persons with disabilities, their families and communities is key to the success of its activities.

❖ We are on the road to changes

Our staff and volunteers work tirelessly to mobilise available resources and to create awareness and interest to help persons with disabilities become fulfilled and contributing members of society.

What has emerged, which so often does when potential is unleashed, are bright, hopeful persons who will grasp the slightest opportunities granted them with both hands. A little assistance, an opening of a door, and the life of not only the person with a disability but also the family and even the community they live in, is changed and brightened immeasurably.

❖ Registration

Registration Numbers: 2005/005393/08 PBO 930019297/ Section 18A Charity 049-647-NPO

BOARD MEMBERS (SOUTHERN AFRICA)

Presently two of the founding members, Andreas Woerster and Masauso Phiri manage the Utho Ngathi Disability Projects programs and the following are brief backgrounds of all Members of the Southern African Board



**Andreas Woerster,
Managing Director**

Senior Physiotherapist, employed since 2005; Andreas has been working with persons with disabilities in various institutions and organisations in South Africa, Zambia and Germany for the last 32 years, -German



**Masauso Phiri,
Project Manager**

Bachelor in Public Administration Honors, Diploma Project Management and Marketing, employed since 2005, Masauso has been working with persons with disabilities in South Africa and Zambia for the last 17 years, -Zambian



Annie Ngwira,

Human Resource Specialist and Consultant,
Former General Secretary of YMCA Zambia- Zambian



Martha Mankinkana Mmoledi

B.com graduate from University of Natal Durban (KZN). Business administration and marketing. Experience in Banking Industry, - South African



Rantopo David Boikanyo,

Professional Architectural Technologist,
Board Member of Soweto Christian Community Media and has 18 years' experience in accessibility design, -South African



Olefile Masangane

Master Facilitator, Human Development Manager
He is a creative communicator, strategist and facilitator in working with people of diverse backgrounds,- South African

Patron: His Excellency Dr Kenneth Kaunda, First President of Zambia



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Bank Details:

Utho Ngathi Disability Projects
Bank : First National Bank
Account no : 62094373158
Branch code: 211021



A Road to Changes