



## UTHO NGATHI DISABILITY PROJECTS PROFILE

**The vision of Utho Ngathi (translation from Zulu Language: “*You are something because of me and I am something because of you*”) is to unleash the potential of a million people with disabilities in Southern Africa.**

To realise this vision the “*A Road to Changes*” programme of Utho Ngathi has the following key objectives:

- Comprehensive Research to develop optimum programmes;
- Increased community awareness of the needs, challenges and opportunities of persons with disabilities and the importance of their inclusion;
- Facilitation of the involvement of family and community members to improve the livelihoods of persons with disabilities;
- Establish partnerships to develop community based rehabilitation programmes;
- Creating a support base for persons with disabilities and their families with sponsorships from individual and corporate supporters and donors;
- Establish professional partnerships, both country specific and throughout the Southern African region, to optimise and enhance all efforts and
- Innovative business developments to ensure economic livelihoods for persons with disabilities and their families.

## OUR SIX INTERRELATED PROJECTS

To carry out these objectives Utho Ngathi Disability Projects has started with the implementation of six interrelated projects. They are the cornerstones of the “*A Road to Changes*” programme.

### ❖ **Research**

Utho Ngathi realized the need to conduct comprehensive research on disability issues in all of Southern Africa. Current statistics are lacking information on perception issues, expectations for development, and knowledge of services and accessibility for persons with disabilities. This information enables Utho Ngathi and Partner Organisations to develop optimum programs for each area, country and region.

### ❖ **Awareness Campaigns**

Utho Ngathi creates greater awareness among family members of persons with disabilities and their communities of the potential among persons with disabilities that needs to be unleashed. The organisation also puts necessary support in place and establishes links to other institutions that can assist.

### ❖ **Home Based Care Training**

In regular visits family and community members are helped to understand disability and how to give support to persons with disabilities for their inclusion into the daily life of their families and communities. Trained home based carers and volunteers stay in touch with these households to continually assess progress and give ongoing assistance.

### ❖ **Community Based Rehabilitation**

Utho Ngathi establishes accessible centers for persons with disabilities. Center volunteers can provide individualized therapy and assessments, educational training, life skills and training in disability management. Family members and community volunteers are encouraged and supported to establish community based rehabilitation projects and committees to tackle issues around disability and the inclusion of persons with disabilities in all community activities.

### ❖ **Sponsorships**

Utho Ngathi establishes a support base for persons with disabilities from individual and corporate donors to provide support on a regular basis for education, medical interventions, employment opportunities or other assistance they might need.

### ❖ **Sustainable Economic Development**

The ultimate goal of our activities and implementation of our projects is to integrate persons with disabilities into the mainstream of society’s activities. Education, skills development and viable employment for persons with disabilities are key target for Utho Ngathi. To this end, there are currently business developments in areas of wheel chair repair, welding, agriculture, crafts, and sewing that are accessible, and provide economic upliftment for, not only the person with the disability, but also for her/his family.

## MAIN OUTPUTS

The main outputs of “*A Road to Changes*” programme are:

- Determining the actual numbers, needs, perceptions, expectations, accessibility, and services for persons with disabilities throughout southern Africa;
- Development of comprehensive, contextualised programmes for each area, country and region in SADC;
- Reaching an increasing number of persons with disabilities each year with a more comprehensive package of support activities;
- Extending our reach to increasing numbers of persons from the broader communities that we work in, creating awareness and facilitating their involvement in providing support, inclusive activities and care to persons with disabilities;
- The establishment and operation of as many community based therapy and assessment centres, in the SADC region, with plans to expand as finances permit;
- Documenting the improvement in the lives of the persons with disabilities with whom Utho Ngathi has had contact;
- The sponsoring of as many persons with disabilities as possible, which will depend on the number of individual and corporate donors who are willing to sponsor;
- Fundraising ventures in Germany and in the Southern African region to develop a better understanding of disability, the needs and opportunity of persons with disabilities and to create awareness about the diversity of culture, life circumstances and development in different countries;
- The establishment of key partnership arrangements with other organisations, government agencies and the private sector throughout SADC, where best practices are shared and global plans developed; and
- Economic growth through the implementation of innovative business ventures in every region designed for persons with disabilities, and benefiting not only them, but their families and communities.

## ORGANISATION BACKGROUND

### ❖ Governance

Utho Ngathi is a registered Section 21 and 18A NGO/ NPO in South Africa, as well as being fully registered in Zambia and Germany, operating in historically disadvantaged communities in Southern Africa. Our Organisation is tax exempted by the South African Revenue Services, as well as by the relevant authorities in Zambia and Germany. Utho Ngathi implements the guidelines on corporate governance as set out in the World Association of Non-governmental Organisations "*Code of Ethics and Conduct for NGOs*" document. At the operational level the Organisation has prepared the necessary constitution and other legal documents to reflect these guidelines.

### ❖ Core values

The organisation adopted the following core values:

- Honest and open relationships with others;
- Regard for the circumstances and concerns of persons with disabilities in the way staff and volunteers relate with them, their families and communities; and
- Transparency by providing timely, accessible and accurate information on the organisation.

Utho Ngathi also believes that trust within the organisation as well as between Utho Ngathi and partner organisations, persons with disabilities, their families and communities is key to the success of its activities.

### ❖ We are on the road to changes

Our staff and volunteers work tirelessly to mobilise available resources and to create awareness and interest to help persons with disabilities become fulfilled and contributing members of society.

What has emerged, which so often does when potential is unleashed, are bright, hopeful persons who will grasp the slightest opportunities granted them with both hands. A little assistance, an opening of a door, and the life of not only the person with a disability but also the family and even the community they live in, is changed and brightened immeasurably.

## OUR MILESTONES

A few of the specific achievements by Utho Ngathi Disability Projects to date include:

- Home Based Care visits to the homes of 800 persons with disabilities – 400 in South Africa and 400 in Zambia and provided training in disability management and encouraged inclusive mindsets within the families and communities;
- Launching 20 awareness campaigns through out South Africa and Zambia to provide information on persons with disabilities and facilitate the involvement of communities and various agencies in the development of the skills of persons with disabilities;
- Provided assistive devices, i.e. wheelchairs, walking aids, spectacles, etc., to more than 500 persons with disabilities;
- Established and arranged for the on-going activity by community members at two day care centres in the OR Tambo District Municipality in the Eastern Cape Province of South Africa;
- Establishing a boarding facility in the Southern Province of Zambia for the inclusion of children with disabilities into mainstream education;
- Continuous assessments of the needs of persons with disabilities during home visits and awareness campaigns and referred them for the necessary follow-up to various agencies and organisations and
- Established three community commercial farming ventures in the Southern Province of Zambia with the inclusion of persons with disabilities;
- Developed a substantial garden project for the training persons with disabilities in vegetable farming in a village area of the Southern Province of Zambia and
- Established an inclusive economic development project through vegetable grow systems in greenhouse tunnels in a village area of the Eastern Cape Province of South Africa.

## BOARD MEMBERS

Presently two of the founding members, Andreas Woerster and Masauso Phiri manage the Utho Ngathi programme and the following are brief backgrounds of the four founding members and all Members of the Southern African Board



**Zukiswa Jama** – Chairperson of Utho Ngathi and Triple Trust Organisation (TTO) in the Eastern Cape Province of South Africa, Zukiswa is involved in various community development and empowerment programs – South African;



**Caesar Molebatsi**, - Vice Chairperson of Utho Ngathi, Chairperson of Triple Trust Organisation and Head of CKLM Consultancy and Partners, Director of TTO Climate; Caesar is heading numerous organisations and has a physical disability - South African;



**Andreas Woerster**, - Managing Director of Utho Ngathi Degree in Physiotherapy, Diploma in Sports Science, employed by Utho Ngathi since 2005; Andreas has been working with persons with disabilities in various institutions and organisation in South Africa, Zambia and Germany for the last 30 years –German;



**Masauso Phiri**, - Project Manager of Utho Ngathi Diploma in Project Management and Marketing, Bachelors in Public Administration, employed by Utho Ngathi since 2005, Masauso has been working with persons with disabilities in South Africa and Zambia for the last 14 years-Zambian;

## Additional Members of Southern African Board



**David Rantopo Boikanyo**, Director of Kamo Architects, Board Member of Soweto Christian Community Media, Diploma in Architectural Technology, Rantopo has 15 years' experience in accessibility design, -South African



**Annie Ngwira**, Human Resource Specialist, General Secretary of YMCA Zambia- Zambian



**Eileen Buckwalter**, 25 years working in South Africa Executive Administrator for CKLM Consultancy and Partners and Director of TTO Climate Change Organisation, -American

**Patron: His Excellency Dr Kenneth Kaunda, First President of Zambia**



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### Bank Details:

**Utho Ngathi Disability Projects**  
Bank : First National Bank  
Account no : 62094373158  
Branch code: 211021

## Project Activities of Utho Ngathi Disability Projects in South Africa and Zambia

### Awareness Campaign Events



### Sustainable Economic Development



### Home Based Care and Community Based Rehabilitation



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"Inclusion the solution" - the inclusion of persons with disabilities into family, community life and the society